

PARENT HANDBOOK

CAMP RENNERVATION 2025

INFO@RENNERVATIONFOUNDATION.ORG

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SESSION 1

JUNE 30TH - JULY 5TH

4H CAMP, LAKE TAHOE, STATELINE, NV

SESSION 2

AUGUST 3RD - AUGUST 8TH

5900 GRIZZLY RD, PORTOLA, CA 96122



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WELCOME!

Dear Parents,

Your campers are about to embark on an incredible celebration of healthy, active living. They'll be meeting new friends, joining action-packed activities, and spending their week in a joyful environment. We hope they're getting excited.

We designed this handbook to help prepare you and your campers for Camp RennerVation. It includes information on how to submit medical forms, policies and procedures, a packing list, pick-up and drop-off information, and other important details. Please review everything and submit all the required forms using our online system, Camp Network.

With great anticipation,
Camp RennerVation Team



OUR FOUNDER



"Every kid deserves the chance to develop themselves to their highest potential, my hope is that this camp will give kids a great time and the inspiration to follow their passion."

JEREMY RENNER



GOING AWAY FROM HOME



Camp is an amazing adventure!

Campers learn to live independently while forming life-long memories and bonding with new friends. Understandably, some kids may have a little anxiety in the days leading up to camp. To help ease the transition and embrace this experience, we have a few pointers for parents:

● **Youth Concerns:** If your camper exhibits concern about going away, encourage the open expression of feelings. You might explain that these concerns are normal and natural, and most campers feel exactly the same way. Remind them that Camp RennerVation's warm and caring staff are there to help support them in any situation. We will check in with them often throughout their week at camp, to ensure that they're having a great experience and everything is going well.

● **Youth Behaviors:** Please inform the camp directors of any social and emotional care needs your camper may have, or if something might occur at home during the summer break. This includes illness or death in the family, poor school grades, divorce, moving to a new house or city, etc. Camp RennerVation is more than adequately prepared to support most children and the common problems associated with growing up. Our knowledge of the facts will help lead your camper to a successful camp experience.

● **Saying Goodbye:** When seeing your camper onto the bus, we suggest making the parting brief, pleasant, and cheerful. Prolonged good-byes and abundant tears could be emotionally upsetting to your camper (and you!).



CAMP POLICIES

Our goal is to provide campers with unforgettable camp experiences that are full of amazing memories and warm friendships. We have a few key rules at camp which all campers must know to have the best possible time. Please review these with your camper(s).

For any questions or concerns regarding our camp policies please reach out to info@rennervationfoundation.org.

- **Food:** Please do not bring or send candy, gum, or other foods to camp. Some members of our community have severe food allergies, so this rule is strictly enforced.
- **Electronic Devices:** “At Camp RennerVation, we unplug so we can really connect.” To this end, we are a screen free camp which includes cell phones. These devices are strictly prohibited. This includes phones, tablets, kindles, iPods, cameras, handheld game systems, and all other devices with screens. We strongly suggest you leave these items at home. If brought to camp they will be taken and stored for the duration of camp.
- **Dress code:** Our dress code helps maintain a safe and comfortable environment. Please pack clothes that are modest and camp appropriate. More details listed on our packing list on page 11. We reserve the right to ask anyone to change if deemed necessary by the camp staff.
- **Footwear:** During the day, campers are required to wear socks and closed-toed sneakers. This prevents injury and enables campers to move freely around camp. Campers may wear sandals at the showers or the lake.



CAMP POLICIES CONTINUED



● **Supervision:** Each camper must be in range of sight or hearing of a staff member at all times. Our top priority is keeping campers safe and healthy, followed closely by ensuring they have a fun, friendship-filled, and memorable camp experience.

● **Bullying:** We strive to protect every member of the Camp RennerVation community from bullying. In addition to creating a culture of kindness, Camp RennerVation has a three-strike policy for bullying behavior. For the first incident, the offending camper will participate in a meeting with camp leadership staff. If there is a second incident, the camper's parents will be notified. If there is a third incident, the camper will be sent home.

● **Valuables:** Please do not let your child bring any valuables to camp. If you or your camper would be upset if a particular item is lost or broken, the item should stay at home.

● **Swimsuits:** Two-piece swimsuits are permitted during general swim. One-piece swimsuits or tankinis should be worn during instructional swim to maximize mobility. Regardless of gender, we ask campers to bring no overly revealing suits, please!

● **Money at camp:** Campers do not need to bring any money with them to camp. We typically don't go on field trips, but if we go on an off-camp hike, visit a local farm, or take a trip to get ice cream, all costs will be covered by the camp.

● **Sunblock:** Sunblock is part of our dress code – you aren't fully dressed without it!



CAMP POLICIES CONTINUED



- **Tops and Bottoms:** Clothing should not contain inappropriate slogans or images. We do not permit revealing clothing regardless of a camper's gender, including see-through clothing, crop tops with tummies showing, Speedo-style bathing briefs, visible undergarments, etc.
- **Camp Property:** Anyone who intentionally damages or defaces camp property is liable for such damage. This includes writing names on cabins or beds.
- **Privacy:** To protect each camper's privacy, campers are only permitted in their own bunks. Under no circumstances may boys or girls enter the opposite gender's bunk. Campers may not bring their own cameras to camp. There is absolutely no photography allowed in bunks, bathrooms, or other private areas.
- **Prohibited Items & Behaviors:** Campers will be sent home if they bring any of the following items to camp: vape pens, drugs, tobacco, alcohol, firecrackers, weapons, or other dangerous instruments. Campers may also be sent home if they are out of their cabin at night, have preexisting behavioral or medical conditions that were not communicated to camp, or engage in criminal or sexual behavior. Inappropriate language is not tolerated. It is camp leadership's discretion if a camper who is sent home may be allowed to attend camp in following years.

MEDICAL INFO



Our medical staff carefully reviews each camper's medical history prior to the start of camp. The more we know about each camper's health history and habits, the better we can care for them. Please provide as many details and information as possible about your child. It will make for a more successful summer camp experience for all!

Medical Insurance

All health and accident expenses will be covered by each child's individual medical insurance. Parents are responsible for providing proof of medical insurance for their children. If a provider does not accept your family's and/or child's insurance, it is the obligation of the care-giver to pay the costs of the medical service, out of pocket.

Key Health and Safety Policies

- **Glasses:** Please consider sending your camper with an eyewear neck strap to help prevent lost glasses. Pack an eyeglass case to help prevent broken glasses. Also, please make sure to indicate that he or she wears glasses or contacts on the Health History.

- **Special Dietary Needs:** We offer nut-free, vegetarian, vegan, gluten-free, egg-free and dairy-free options at every meal. If your child has any other special dietary needs, please let the camp office know now so we can develop a plan according to their dietary needs.

- **Contagious Disease:** Please advise camp of any contact your child has had with any contagious disease. If your child has a cough, cold, rash, fever, vomiting, diarrhea, lice, conjunctivitis/pink eye, or any throat problem in the days before camp begins, please contact us so we can make a plan for when they can join us!



MEDICAL INFO CONTINUED



● **Sickness at Camp:** If your camper is feeling under the weather at camp, he or she will receive comforting and professional care. Our medical cabin is staffed 24-hours a day by medical professionals.

● **When will camp call home?**

We err on the side of caution when contacting parents and caregivers. We will always call to inform parents/caregivers if: a camper has been in the medical cabin overnight; a camper has been placed on prescription medication; or a camper has been taken out of camp for medical care.

Parents/caregivers will not be notified if a child spends less than 24 hours in the medical cabin or receives a routine diagnosis and treatment, which could include a cut, bug bite, mild sore throat, or headache.

● **Medications:** All daily medicines and vitamins in pill or capsule form, including both prescription and non-prescription, must be brought to camper drop-off in their **original containers**. Here our camp medical staff will take the appropriate dosage for the week. This is the distribution method recommended by the American Camp Association and considered the best practice among overnight camps.

Our medical staff can only administer medication if the parent/guardian provides documentation and written instructions noting the dosage and time of day and ensures that it matches up to the information on the medicine provided.

Please send all medications to check-in with your child on the first day. Our camp medical team will go over the medication and instructions with you.



MEDICAL INFO

CONTINUED



● **Administration of Pills:** All camper medications are kept in our Medical Cabin under the nurses' supervision. Outside of special circumstances, the nurses will administer medications during meal-time (around 8:45 am, 1:00 pm and 7:00 pm). If this schedule is not possible, please let us know on the medical forms. With the exception of emergency medications, campers may not keep or carry medications of any kind themselves.

● **Inhalers and EpiPens:** Certain emergency items, such as inhalers and EpiPens, should be kept by campers at all times. Campers who use inhalers, EpiPens, and similar emergency items must bring a spare to be kept at the Medical Cabin. Please provide all emergency medicine information on the Health History form.

● **As-needed Medications:** Camp RennerVation stocks most over-the-counter drugs, which the nurses administer as needed. This includes but is not limited to: Acetaminophen, Benadryl, Claritin, Ibuprofen, Lactaid, cough drops, decongestant (Sudafed PE), antacid and all first aid supplies.



CLOTHING & PACKING

Here is a list of everything your camper should bring to camp! If an item requires special laundering or you or your camper will be upset if it gets lost or dirty, it is best to leave it at home. The weather can get a little chilly at night, so be sure to pack warm clothing. We have a variety of athletic equipment like yoga mats and sports balls that we will be using throughout the week.

This list is intended as a guide, not a checklist. Not everything is relevant to every camper. We welcome you to use your judgment based on your knowledge of your child.

Please label everything with your camper's name! You can just use a regular permanent marker.

Necessary Items

- Sleeping Bag
- Pillow
- Athletic shoes (1 pair)
- Flip Flops/ waterproof sandals (1 pair)
- Shorts (5-6 pairs)
- T-shirts (6)
- Hat/cap for sun protection
- Light sweatshirt/jacket for morning & evenings
- Swimsuit
- Socks (5 pairs)
- Long pants (1 pair)
- Pajamas (2-3 pairs)
- Undergarments
- Toothbrush & toothpaste
- Hairbrush or comb
- Hair ties



CLOTHING & PACKING CONTINUED

Optional items

- Favorite stuffed animal/blanket
- Swim goggles.
- Costume or other small items for comfort

Provided by the Camp

(provided by camp but if your youth has a preferred product please pack)

- Camp t-shirt
- Sunscreen and bug spray
- Journal
- Shower towel
- Beach towel
- Feminine hygiene products and deodorant (if needed)
- Hygiene kits with miscellaneous bathroom items
- Shampoo/Conditioner/Body Wash combo (3 in 1)



CAMPER TRAVEL



Camp RennerVation offers bus transportation to and from Reno and their designated camp session location.

● **Bus Location:** Details will be provided via email close to the camp date.

● **Checking In:** Once your camper's luggage has been loaded onto the bus, your child will be checked in and asked to board. We ask that parents do not board the bus. This helps minimize confusion and speed up the check-in process for others waiting. So, exchange those cheerful hugs and kisses before the final check in!

● **Luggage:** *Please have your camper's name on every piece of luggage twice.* When you get to the bus or arrive at camp, we will tag your camper's luggage to indicate which cabin it will be sent to. Our staff will bring your camper's luggage directly to his or her cabin.

● **Health:** The health and safety of our campers is our top priority. Once campers arrive at camp or at the bus, there is a brief health screening. If your child exhibits symptoms of lice or has a temperature of 100 F° or higher, they will not be allowed into camp. They may only join the Camp RennerVation program after being symptom free for 24 hours. If your child has a cough, cold, rash, fever, vomiting, diarrhea, lice, conjunctivitis/pink eye, or any throat problem in the days before camp begins, please contact us so we can make a plan for when they can join us!



CAMPER TRAVEL CONTINUED

● **Departure:** You will get a reminder about departure day and confirmation about whether we expect you to pick up your child at camp or at our bus pick-up in Reno. The reminder will indicate the time you should pick up your camper. If your camper is returning by bus, the time will be around a one-hour window. We cannot give an exact time because of traffic considerations.

● **Pick Up:** Campers may only be picked up by a parent/caregiver who is listed in Camp Network, unless the parent/caregiver contacts the office in advance to inform us of other arrangements. Please note that you may need a valid photo ID to check out your camper at the bus drop-off or at camp.



COMMUNICATION WITH CAMPER



● **Letters:** Camper's love getting letters! Since the camp is a bit shorter, we are encouraging emails to be sent instead of letters. Additionally, you might consider sneaking written letters into their luggage for them to find during the week!

● **Emails:** You will be able to send your camper emails using info@rennervationfoundation.org.

● **Packages From Home:** We do not allow campers to receive gift packages at camp. The camp community is about friendships and bonding rather than gifts and physical possessions. When a camper receives a package of gifts, other campers can feel left out, and it distracts from the cabin community. Of course, if your camper needs an essential item, our office will be glad to coordinate with you to receive the package.

● **Calls Home:** Our camp experts have found that calls home often have the opposite of their intended effect. Hearing a parent's voice sometimes takes kids out of the camp's happy, self-contained community and can create moments of sadness that wouldn't otherwise occur. For this reason, we strongly prefer letters/emails. Of course, parents/caregivers can contact the camp office or their unit head at any time to check in on how their camper is doing. We will give you a full, detailed update.

CAMP OFFICE HOURS & CONTACT

During the camp experience, you can reach the camp office by calling the same main number. Our staff answer phones and respond to inquiries from 9:00 am to 5:00 pm.

When possible, please call between these hours. Outside of these hours, we check messages and elevate emergencies and/or special situations to senior staff members as necessary.

Contact Info:

Info@rennervationfoundation.org
(775)462-6752 (*Call or Text*)





PHOTOS

Throughout the week, we have a camp photographer who takes pictures of campers which can be shared afterwards.

We will occasionally use these pictures on our website and marketing materials.

Likewise, we will be filming footage for our Camp RennerVation 2025 session.

Youth who are in the foster care system will **not** be displayed without the appropriate approvals.

CAMPER CONTACT INFO

At the end of camp, we are glad to provide emails and phone numbers of other campers so friends can keep in contact over the year.

If you prefer that your family's information, not be included in this list, please let us know.

Unless you let us know, we release directory information including names, birthdays, and contact information.



KATIE'S QUIET SPACE

Kt
GRACE
FOUNDATION



Katie's Quiet Space, a serene cabin nestled in the heart of Camp RennerVation. Named after Katie Weingartner, who exemplified a calm and gentle heart and in partnership with Katie Grace Foundation, this space is dedicated to providing a calm and peaceful sanctuary for campers in need of solace and tranquility.

Equipped with comfortable seating, soft lighting, and calming activities, Katie's Quiet Space is a haven for campers who may feel overwhelmed or overstimulated. Here, they can take a moment to decompress, gather their thoughts, and find inner peace away from the hustle and bustle of camp activities.

Whether a camper needs a quiet moment to reflect, meditate, or simply be alone with their thoughts, Katie's Quiet Space is open daily, breakfast to bedtime with camp staff present at all times, ready to provide support and a safe and nurturing environment for them to find comfort and serenity.



ENZO - THE THERAPY DOG!



**Enzo, is a therapy dog that will attending
Camp RennerVation 2025!
Please read more about Enzo's story below!**

I'm a Jindo from South Korea, and this is my story.

My brothers, sisters, and I were born on a farm where the farmer raised dogs for their meat. Our house was an old rusty wire cage. We wanted to dig in the dirt, but no matter how hard we tried, our paws couldn't get through the little holes in the wire. We didn't have a water bowl, and our food was leftovers—boiled peppers, onion, and chilies. Gross, but when we were hungry, we gobbled it up, even though sometimes it made us sick.

When we were five months old, two ladies from the DoVe project visited the farm. They brought us to a shelter, a much better place. Three years later, someone put me in a car and took me to Seoul airport. My heart wrenched when I waved goodbye to my brothers and sisters. Why were they taking me away? What did I do wrong? Where was I going?

A lady I'd never seen said we were flying to the United States. I knew birds flew, but not people and Jindos. When we boarded the plane, I sat in front of the lady's seat and looked around. People streamed by my seat. Airplane bins slammed shut, and announcements blared over the loudspeakers. "My chest tightened with fear. I closed my eyes and took a deep breath. The lady leaned over and whispered, "It's okay. It's okay." Eleven long hours later, we landed in Los Angeles, California.

*If your youth is allergic to dogs, please notify us at info@rennervationfoundation.org



ENZO - THE THERAPY DOG!

My foster parents, Taylor and Russell, met me at the airport and helped me into their car. “We’re taking you to your new foster home,” Taylor said, smiling. “Don’t be frightened. You’ll like it.” My fosters were great. They gave me food and water and hugs and pets.

After a few days, I blinked my tears away and calmed down, but I missed my brothers and sisters. One month later, my fosters told me we would meet my forever parents at a park. I felt scared—numb. Didn’t they want me?

When I met Jennifer and Mark, they gave me soft pets and hugs. Jennifer kept telling me I was the best boy. She smiled and sang, “He’s so brave, he’s well-behaved, he is not afraid.” I wasn’t sure I was all those things, but I stopped shaking. Mark smiled and said, “Good boy. Would you like us to adopt you?”

Now we’re a family—a forever family. I feel brave and well-behaved, and best of all, I’m not afraid. I’m a certified therapy dog. It’s my turn to help others who need love and support. I don’t say anything. I sit beside them and let them pet me. When they feel better, I smile.

Enzo cannot wait to meet your campers and make them smile too!

*If your youth is allergic to dogs, please notify us at info@rennervationfoundation.org



CAMP LOCATIONS

Session 1 - Located at UNR's 4H Campsite at Stateline, NV

The camp has ten rustic Cabins that lodges eight (8) to ten (10) campers in bunk-bed style dormitories. These cabins have bathroom and shower facilities with electrical outlets. There is a two-story, environmentally friendly Green Cabin that has four rooms with bunk-beds in each and sleeps fourteen (14) per room.

The facility has a spacious dining hall with restrooms and a commercial kitchen which is staffed during the camping season and serves three meals a day.

The camp is equipped with a beach volleyball court, basketball court, and plenty of lawn space for games. It has a scenic amphitheater and a large campfire pit. The camp's private, sandy beach is nearly three hundred (300) feet in length and is home to Lake Tahoe's most beautiful settings. The pier and beach offer leisure activities including swimming, volleyball, kayaking, and various boating excursions offered throughout the week.

Session 2 - Located in Portola, CA at Sierra Nevada Journeys, Grizzly Ranch Camp

Camp is surrounded by magnificent vistas, valleys, and meadows located in the Plumas National Forest. From our high ropes challenge course to the forest and river ecosystems, Camp is breathtaking and the ideal location for exploring nature.

It is fully ADA accessible and located in Portola, CA, just 45 minutes from Reno.

The lodge and cabins have modern facilities and are clean and comfortable. The camp has heated cabins with their own restrooms. Shower facilities are easily accessible. Camp offers a spacious dining hall, patio area with a fire pit, amphitheaters, various activity centers for programming, multiple campfire sites, and a spacious lawn for play and learning. A health center is centrally located on campus to accommodate bumps, bruises, cuts and other medical needs.





**WE CAN'T WAIT FOR OUR
ADVENTURE TO BEGIN!**

